



### **Rules for RI Phase III Reopening.**

If RI goes into Phase IV then some restrictions could be lifted. All RI Phase III rules will supersede the normal “Rules For Indoors Leagues” below.

#### **Facility Rules**

- All players will enter through the “entrance door” and get their temperature taken using the touchless terminator in the “testing area” and be asked verbally if they have any symptoms.
  - If the player’s temperature is higher than 100.4 the player will not be allowed inside
  - If the player’s temperature is below 100.4 then the player will proceed directly to their assigned court, sign the attendance sheet, acknowledge they do not have any symptoms and write down their temperature.
- Spectators are not allowed into the gym
  - Live Barn will be available to watch any league/competition/practice for each of the six courts
- Teams not actively playing on the court should stay together in the section set aside for them.
- No outside equipment or balls will be allowed into the facility.
- All players will use their assigned “exit door” to leave the facility.
- Regarding trash; it is “carry in carry out”. If you bring it in, then you bring it out.

#### **Facility Cleaning**

- Bathrooms will be cleaned each hour while opened
- Courts/nets/padding will be cleaned with Effersan each day before the facility opens
- Court Surface will be mopped between league/competition/practice with various products to disinfect and clean the surface
- All league balls will be cleaned using a Germicidal Disinfection Lamp

#### **Players/Teams**

- Each player will use hand sanitizer before touching any equipment in clear view of the ref before they enter the court. Hand sanitizer will be supplied.
- Hand shaking will not be allowed.
- When switching sides after each set, each team will "go around the pole" which means they will switch sides being 30 ft apart.





- The max number on any roster is 10
- Players must play half the season in order to qualify to play in playoffs
- Military and first responders will be exempted from the 50% rule IF and only IF they are identified before the league starts
- If a player is sick, they will be not be allowed to play.
- If a player is sick the team can play with fewer players with no penalty
- If a player is sick during playoffs, then the league director will identify which “equal/lower skilled sub from the roster will be allowed to play” in their place

### **Refs**

- All refs will be wear a cloth face covering if they are within 6 ft of a player
- All refs are encouraged stay in their stands and keep 6ft away from all players during their shifts
- All refs, once on the ref stand, may choose to wear a cloth face covering or not, since the ref stand is well over 6 ft away from any player.
- All refs will use a hand held battery operated whistle
- All refs will have their temperature taken upon arrival
- All refs will use hand sanitizer before touching any equipment and at the start of each match

### **Contact Tracing**

- The rosters will be listed in Google Docs for everyone to see.
- First name, Last initial, temperature on that day are in view for everyone to see
- There are two hidden columns with the players full name and contact phone number.
- Hidden columns will be available to anyone from the State with a very fast turnaround.

### **Refunds and Make up Weeks**

- The posted make up weeks will be used when there is an act of God (flooding, lightning, pandemic, etc) or staffing issues
- If the make up weeks have been completely exhausted and the league can not run due to an act of God, they might be reschedule in a later time slot if the property owner allows it and if there is room in the schedule. If it is now allowed and there is no room in the schedule then the matches will not be played.





- If the playoffs can not be played due to an act of God and the make up weeks have been exhausted then the standing 1st and 2nd place teams will receive prizes and the league will officially end.
- Any refunds for any unplayed matches will only be given for Recovered Expenses only.

### Rules For INDOORS Leagues

#### Definitions

1. “main player” is an original player on a roster
2. “sub” is a player who occasionally subs on a team and is on one roster
3. “sot” is a sub from another team in the same league

#### Rosters

1. Rosters consists of “main players” to equal the format (four main players for 4-man, etc) and as many subs as the captain would like
2. A “main player” can be a higher skill level than the level of the league with approval and restrictions of the League Director
3. A male can play in a women’s league with approval of the League Director
4. Any female(s) can play in a men’s league
5. Coed 6-man teams must have three guys and three gals per team
6. Coed 4-man teams must have two guys and two gals per team

#### Forfeits

1. Any game can be played with two players per team if they are both a main player or a sub
2. First game is a forfeit if there is only one player ready at 5 mins past start time
3. Second game is a forfeit if there is only one player ready at 15 mins past start time
4. Third game is a forfeit if there is only one player ready at 25 mins past start time
5. For Coed or REVCoed there needs to be one player of each gender unless the League Director makes a special allowance.

#### Subbing

1. Any “main player” or “sub” can sub for any team in the same league





2. A higher level player can sub in a lower level league with restrictions determined on a case by case basis by the League Director
3. A 6-man team can not have more than two "SOT" in a game
4. A 4-man team can not have more than one "SOT" in a game
5. Any player can enter the court during any time of the game
6. A team can not take a SOT if the opponent's team has less or equal number of players
7. Subbing for playoffs – any "main player" or "sub" who has played in half the league can play.
8. Subbing for playoffs – "SOT" is not allowed for playoffs
9. Subbing for playoffs – Any emergencies are discussed with the League Director and opponent's captain

### **Playing Rules**

1. A net is a net so do not touch it
2. Other than the above rule all USVA rules will apply including the 2014 rule that a player can cross the centerline as long they do not interfere with the opposing team AND some part of their body remains on their side of the court.
3. Sportsmanship is enforced first by the ref and then by the league director on a case by case basis
4. Matches are three games to 21 points cap at 23 unless otherwise stated
5. Standings are determined by overall record, head to head, head to head points, overall points for the leagues, then one game to 15
6. Standings may be calculated on a win percentage if there are weather cancellations that interferes with the initial schedule.
7. 4-man rules both indoors and outdoors

We view 4-man play, both indoor and outdoor, as a combination of outdoor 2-man and indoor 6-man. In the absence of a 4-man rule book, we have combined the rules for 2-man and 6-man to create rules for 4-man.

- a. There is no tipping (like 2-man)
- b. There is no centerline so players can cross underneath the net as long as they don't interfere with their opponent (like 2-man)
- c. You can not touch the net (like 2-man)
- d. There is no back row player (like 2-man)
- e. You do not need to rotate but you do need to maintain service order (like 2-man)
- f. It is block plus three (like 6-man)
- g. You can receive serve and hits with an open hand (like 6-man)
- h. Players do not switch sides on points per game. Side changes happen at the start of each new game. (like 6-man)





- i. You can not hand set over the net even if you are square (my rule based on experience)
  - j. There is no “male” or “female” touching the ball rule in 4-man.
8. Coed Rules 6-man by USVA –
- a. The serving order and positions on the court at service shall be male and female alternated or vice-versa.
  - b. When the ball is played more than once by a team, a female player shall make at least one of the contacts. Contact of the ball during blocking shall not constitute playing the ball. There is no requirement for a male player to contact the ball, regardless of the number of hits by a team.
  - c. When only one male player is in the front row at service, a male back-row player may be forward of the attack line for the purpose of blocking.





9. REVCoed Rules 6-man by USVA

- a. The serving order and positions on the court at service shall be male and female alternated or vice-versa.
- b. When the ball is played more than once by a team, a male player shall make at least one of the contacts. Contact of the ball during blocking shall not constitute playing the ball. There is no requirement for a female player to contact the ball, regardless of the number of hits by a team.
- c. When only one female player is in the front row at service, a female back-row player may be forward of the attack line for the purpose of blocking.

**Balls**

1. Balls to play the league with are provided by the League Director. If both teams agree to use a different ball that will be fine, else the provided balls will be used.

**Prizes**

1. Prizes will be awarded to each first place team after playoffs. Second place teams maybe awarded prizes after playoffs.
2. 6-man team will be given 6 prizes for the main players, 4-man team will be given 4 prizes for the main players, doubles teams will be given 2 prizes for the main players. For example, if your 6-man team has ten players (main and sub) and your team wins, only six prizes will be awarded, not ten

**League Cancellations**

1. Leagues will be cancelled as early as humanly possible given the weather conditions/gym closures
2. Players will be alerted first on the Facebook page Blue Fish Bowl Volleyball Club / Blast Volleyball. Then captains will be texted, if possible. Then a newsletter will be sent out, if possible. We strongly suggest you like us on Facebook to get a cancellation information. [www.facebook.com/BlueFishBowlVolleyballClubBlastVolleyball](http://www.facebook.com/BlueFishBowlVolleyballClubBlastVolleyball)

